

# ALLERGY HISTORY

Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_

Street \_\_\_\_\_ Last \_\_\_\_\_ First \_\_\_\_\_ City \_\_\_\_\_ Initial \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Telephone No. \_\_\_\_\_ Area Code \_\_\_\_\_ Number \_\_\_\_\_ Parent's Name \_\_\_\_\_ Last \_\_\_\_\_ First \_\_\_\_\_ Initial \_\_\_\_\_

**To be filled out by patient** Your answers to the following questions will help to determine the cause of your allergy symptoms. It is important to check (✓) each question as accurately as possible.

	YES	NO	Don't Know
Have trouble with your skin?			
Eczema			
Hives			

	YES	NO	Don't Know
Have trouble with your ears?			
Popping			
Itching			
Hearing loss			
Fluid in ears			
Infection/Pain			

	YES	NO	Don't Know
Have trouble with your throat?			
Frequently sore/drainage			
Itching throat/mouth			

	YES	NO	Don't Know
Have trouble with your eyes?			
Redness			
Itching			
Tearing			
Puffiness			

	YES	NO	Don't Know
Have trouble with your nose?			
Clear/colorless discharge			
Thick/colored discharge			
Nasal itching/rubbing			
Constant stuffiness			
Periodic stuffiness			
Sniffles			
Sneezing			
Mouth breathing or snoring			

	YES	NO	Don't Know
Have troubles with your chest?			
Wheezing with colds			
Wheezing when exposed to dust, pollen, animal, etc.			
Wheeze/cough/after exercise			
Cough?			
What kind?			
Deep/or productive			
Loose			
Constant			
Dry/tight			
Daytime			
Nighttime			

	YES	NO	Don't Know
Are your symptoms mild?			
Moderate			
Severe			
Present most of the time			
Present part of the time			
Present rarely			
Interfering with your life			
Preventing many normal activities			

	YES	NO	Don't Know
Which of the following do you think cause your symptoms or make them worse?			
Indoors			
Outdoors			
At home			
At work			
Morning			
Afternoon			
At night			
Weather change			
Wet weather			
Dry weather			
Windy day			
Hot day			
Cold day			
Air conditioning			
In barns			
Damp areas			
Hay, circus			
Mowing lawn			
Dusty environment			
High air pollution			
Animals			
Cooking odors			
Smoke			
Soap powder			
Insecticides			
Paint fumes			
Perfumes			
Cosmetics			
Wave sets			
Newspapers			
Wool			
Road dust			
Milk or milk products			
Eggs			
Wheat products			
Nuts, beans, or seeds			
Chocolate			
Fish			
Meat			
Fruit			
Vegetables			
Alcoholic beverages			
Cheese, mushrooms			
Beer			
Wine			
Aspirin			
Chemicals (list):			
_____			
_____			
_____			
Drugs (list):			
_____			
_____			
_____			

	YES	NO	Don't Know
During what months do you usually have symptoms?			
All months			
January			
February			
March			
April			
May			
June			
July			
August			
September			
October			
November			
December			

Describe what symptoms bother you most  
 \_\_\_\_\_  
 \_\_\_\_\_

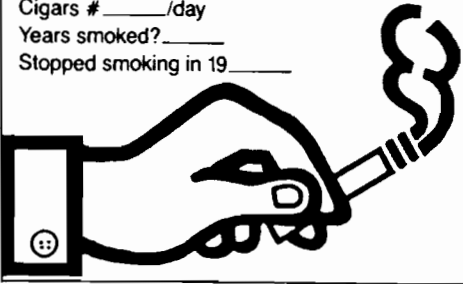
When did your condition begin?  
 \_\_\_\_\_

	YES	NO	Don't Know
Do you use medication regularly for nasal symptoms?			
What medication?			
_____			
Does it help?			

	YES	NO	Don't Know
Do any of your blood relatives have allergies?			
Have you ever had skin tests for allergies?			
Do you have allergies?			
What are you allergic to?			
_____			
_____			

Is there anything else about your problem which you think might be important or unusual?  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_


	YES	NO	Don't Know
Smokers in your home?			
Do you smoke?			
Cigarettes # _____/day			
Pipe # _____/day			
Cigars # _____/day			
Years smoked? _____			
Stopped smoking in 19 _____			



	YES	NO	Don't Know
Do you take medications daily or frequently?			
Aspirin			
Cortisone			
Laxatives			
Sedatives			
Birth control pills			
Vitamins			
Ointments			
Nose drops/sprays			
Hormones			
Others (list):			
_____			
_____			

	YES	NO	Don't Know
Do you spend a good deal of time in activities?			
Photography			
Carpentry			
Camping			
Sewing			
Gardening			
Painting			
Cooking			
Movies			
Hobbies (list):			
_____			
Sports (list):			
_____			
Other (list):			
_____			

	YES	NO	Don't Know
Do you have animals in your home?			
Have you ever had animals in your home?			
Dog			
Cat			
Bird			
Rodent			
Other (list):			
_____			
_____			



	YES	NO	Don't Know
Do you live in: House?			
Apartment?			
In the city?			
In the suburbs?			
Is your dwelling: New?			
3-10 years old?			
11-25 years old?			
> 25 years old?			

	YES	NO	Don't Know
Have you had any of the following?			
High blood pressure			
Migraine headaches			
Skin disease			
Heart disease			
Frequent headaches			
Sinus disease			
Stomach disease			
Asthma			
Nasal polyps			
Emphysema			
Broken nose			
Overactive thyroid			
Bronchitis			
Nasal surgery			
Underactive thyroid			
Hay fever			
Deviated septum			
Hormonal difficulty			
Hives			
Food allergy			
Drug allergy (describe):			
_____			
_____			

	YES	NO	Don't Know
Other conditions (describe):			
_____			
_____			
Are you taking medication for any of the previous conditions? (describe):			
_____			
_____			

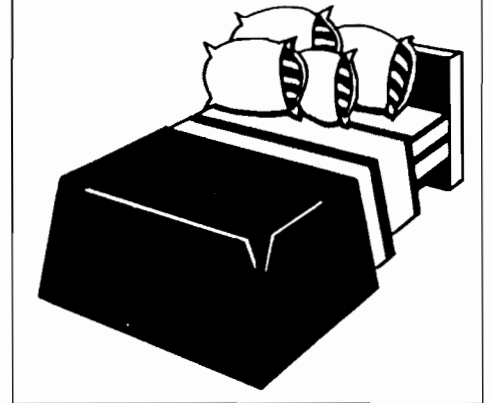
	YES	NO	Don't Know
Do you think your occupation has anything to do with your symptoms?			
Describe your occupation:			
_____			
_____			

	YES	NO	Don't Know
Are any materials used in your occupation that you think have something to do with your condition? (describe):			
_____			
_____			

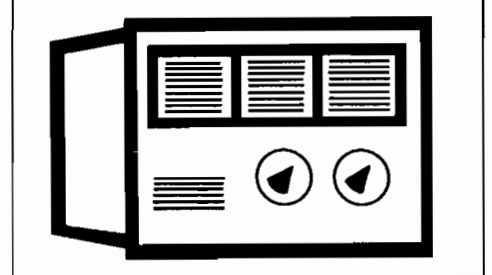
	YES	NO	Don't Know
At work, are your symptoms better?			
Worse			
The same			

	YES	NO	Don't Know
Do you sleep with a pillow?			
Is it dacron?			
Is it foam rubber?			
Is it feather?			
Other (describe):			
_____			

	YES	NO	Don't Know
Is your mattress cotton?			
Feather			
Foam rubber			
Horse hair			
Other (describe):			
_____			



	YES	NO	Don't Know
Do you use a humidifier?			
Do you have an air conditioner?			
At work			
At home			
In bedroom			
Central			



	YES	NO	Don't Know
Is your heating system oil?			
Gas			
Coal			
Electric			
Other (describe):			
_____			
_____			

	YES	NO	Don't Know
Is heat delivered by blower?			
Radiators			
Electric panels			
Other (describe):			
_____			
_____			